

CRUNCHY HEALTHY CHICKEN WRAP

Servings: 1 | Prep Time: 2 minutes | Ingredients: 9

Ingredients:

- Siete Cassava Flour Wraps
- rotisserie chicken (Whole Foods Naked is our fave, but anything without loads of sugar is fine)
- homemade mayo (or any mayo you love) (not miracle whip)
- radish or alfalfa sprouts
- butter lettuce
- 1/4 avocado
- orange pepper
- red onion
- Trader Joe's Balsamic Glaze

Directions:

1. Smear mayo all over your wrap, liberally, because, come on.
2. Place a couple of lettuce leaves on the mayo.
3. Pile on your chicken, sprouts, avo, pepper (sliced thin), onion (also thin).
4. Drizzle with some of the glaze and maybe a few cranks of pepper.
5. Eat immediately, or throw into a stasher bag for an extremely not-sad desk lunch.

Note: Word to the wise: these wraps can be crumbly, so we don't advise trying to cut them in half. If bringing them as a lunch, just roll them up and position in your baggie so that they hold together tightly.

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